E-NEWS

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GILBREA NEWS

This fall our research and Centre staff were busy attending aging-related conferences and kicking off our new seminar series. The Gilbrea Centre and the Department of Health, Aging & Society had excellent representation at the Canadian Association of Gerontology conference in Vancouver, British Columbia (October 18-20, 2018). Turn to our “Member Participation” section to find out who participated this year.

Two of our Gilbrea Student members took home awards from CAG2018. Kelsey Harvey (PhD student) was a recipient of the Michael T. Sharratt Scholarship and Rachel Weldrick (PhD student), was awarded First Prize in the CIHR-Institute of Aging Student Poster Competition.

Gilbrea Centre travel awards were also given to four students to facilitate their travel to CAG2018. See “Student Travel Awards” section.

IN THIS ISSUE

• Gilbrea Centre News
• Member Research & Participation
• Upcoming Events & Conferences

RESEARCH UPDATE

“Meanings of (Im)mobilities: A ‘New Mobilities’ Perspective”
Amanda Grenier (Co-PI), Meridith Griffin (Co-PI), Alex Papaioannou, Rob Wilton, Gavin Andrews, Jim Dunn, Equity Burke (RA), Blessing Ojembe (RA).

This pilot project is funded through a catalyst grant from the Labarge Centre for Mobility in Aging and the McMaster Institute for Research on Aging at McMaster University. To date, a total of 15 interviews have been conducted with older adults to explore and uncover new understandings of mobility. Interviews have been conducted with five active older adults, five older adults aging with a disability and five older people who are considered “frail”.

The Gilbrea Centre will present findings at the upcoming Trent Aging conference in Peterborough Ontario (May 2019). Amanda Grenier will present a paper on the ‘New Mobilities’ perspective as part of the symposium session entitled “Materiality, Mobility and Critical Theory: from Physical Objects and Embodied Experiences to Political Narratives of Ageing in Public Space”. Equity Burke will present a poster on the project findings to date.

In addition, Amanda Grenier, Director of the Gilbrea Centre, lead a session on Precarity at the Gerontological Society of America conference (GSA2018) to discuss her SSHRC funded research on precarity and aging.
STUDENT TRAVEL AWARDS

This fall the Gilbrea Centre provided travel grants to four students attending the Canadian Association on Gerontology Conference in Vancouver, BC. “Making it Matter: Mobilizing Aging Research, Practice and Policy” held from October 18th-20th, 2018. Each student provided a blog detailing their experiences at the event. Visit https://gilbrea.mcmaster.ca/gilbrea under the awards section to read the blog posts.

- Stephanie Hatzifilalithis (PhD candidate) - The Keynote Lecture by Professor Dale Dannefer "Opening the Social: Sociological Imagination, Age and the Life Course" CAG 2018
- Kelsey Harvey (PhD candidate) - “What do Astronauts and Older Adults Have in Common?”: Highlights of the 2018 CAG
- Michael Kalu (PhD student) - Attending the Canadian Association on Gerontology Conference made possible by the Gilbrea Center for Studies in Ageing Travel Support
- Alison Ross (PhD candidate) - CAG Provides Interdisciplinary Perspectives on Age-Friendly Spaces

SENIORS OF CANADA

Congratulations to the Seniors of Canada team who released their new website at the end of 2018. You can now view images and stories of some amazing Canadian seniors at seniorsofcanada.org.

The SoC project, funded by Student Proposals for Intellectual Community Engagement (SPICES), was showcased by Zoomer Magazine in November 2018. Read the full article here: http://www.everythingzoomer.com/arts-entertainment/2018/11/19/seniors-of-canada/
MEMBER PARTICIPATION

In October 2018, many of our Associate members and students participated in the 2018 Canadian Association on Gerontology conference in Vancouver, BC:


Burke, E. (Oct 18 - 20, 2018). Meanings of (Im)mobilities: A Scoping Review from a ‘New Mobilities’ Perspective


Grenier, A. (Oct 18 - 20, 2018). Relocating Frailty through Precarity and Vulnerability

Gontcharov, I. (Oct 18 - 20, 2018). Knowledge Mobilization Infrastructure in Aging and Technology Research: Preliminary Results from an Action-Oriented Study

Hatzifilalithis, S. (Oct 18 - 20, 2018). A critical perspective on current models of intergenerational learning


Harvey, K. (Oct 18 - 20, 2018). Exercise Instructors for Older Adult Fitness: A Content Analysis of Training Curricula

Harvey, K. (Oct 18 - 20, 2018). Group Fitness for Older Persons: The Role of the Exercise Instructor

Kalu, M. (Oct 18 - 20, 2018). Hospital-to-home discharge process of older adults with hip fractures: Healthcare providers’ and informal caregivers’ experiences in Nigeria

Kalu, M. (Oct 18 - 20, 2018). Knowledge about risk factors and practice about fall prevention in older adults among physiotherapists in Nigeria


Ross, A. (Oct 18 - 20, 2018). “At 80, I know myself”: The influence of lay expertise on older adults’ experiences of polypharmacy and deprescribing


MEMBER PUBLICATIONS


UPCOMING EVENTS

2018 2019 SEMINAR SERIES

Upcoming speakers for our 2018/2019 Seminar Series can be found below. All seminars are held at McMaster University | Main Campus | L.R. Wilson Hall | Room 1003, are no-cost and open to the community.

Social Participation at the Intersection of Old Age and Lifelong Disability: Showcasing How It Feels Through a Photo Novel Lens
March 28, 2019 - 2:30PM - 3:30PM
Émilie Raymond, Université Laval

In case you missed it...

GERAS DANCE: DANCing for Cognition & Exercise
Courtney Kennedy & Patricia Hewston, GERAS Centre for Aging Research
Watch: https://youtu.be/2OtY0dKmQys

Timescapes of Aging Vitalities
Nadine Changfoot, Associate Professor, Trent University

Resources for Health in Advanced Age: Older People’s Perspectives
Janine Wiles, School of Population Health at The University of Auckland, New Zealand
Watch for video soon!

Enhancing Access to Quality Long-Term Care Services for Older LGBTQ Persons
Alisa Grigorovich, Toronto Rehabilitation Institute – UHN
Watch for video soon!

Writing in Later Life: Legacy Letters

Writing Legacy Letters is a strategy for passing on family stories and life lessons learned. In these meetings, we will discuss examples of legacy letters, reasons for writing them, and specific strategies. Within each session, participants will respond to writing prompts and be invited to read their work aloud.

Participants are encouraged to take part in both sessions.

The group will be facilitated by Ellen Ryan, Gilbrea Senior Scholar and Professor Emeritus in McMaster University’s Department of Health, Aging and Society. Ellen’s research examines how to foster resilient aging through the decades—from the young old to the oldest old. Throughout her career, she has focused on ageism, disability, and life stories. She hosts the website Writing Down Our Years.

*Sessions are free, but require advanced registration by contacting our co-sponsor, the Ancaster Library at 905-648-6911.

Dates: Monday April 1 & 15, 1:00-3:00pm

Location: Ancaster Library, 300 Wilson St E, Ancaster **Free parking**

For more information email gilbrea@mcmaster.ca

Sponsored by:
UPCOMING CONFERENCES

IAGG: Towards Capability in Ageing – from cell to society
Gothenburg, Sweden, May 23-25, 2019
https://iagger2019.se/

TrentAging 2019
Trent University, Peterborough, May 28-31, 2019
https://www.trentaging2019.com/

BSG2019: Resilience and Living Well in Local Communities
July 10-12, 2019, University of Liverpool
https://www.britishgerontology.org/events-and-courses/bsg-annual-conference

CAG2019: Navigating the Tides of Aging Together
Oct 24-26, 2019, Moncton, New Brunswick
https://cag2019.ca/

IN THE NEWS

• Gilbrea member Jim Dunn joined Steve Pakin on TVO’s The Agenda to discuss the housing shortage in the Golden Horseshoe. Watch the episode: https://www.pscp.tv/w/TIDxLXzbDMZxm

Visit us online at gilbrea.mcmaster.ca

BECOME A MEMBER

Interested in learning more about becoming an Associate member of the Gilbrea Centre? Please e-mail gilbrea@mcmaster.ca.

CONNECT WITH US

Connect with us to learn more about upcoming events, opportunities, and more!

Help us profile your research, student opportunities, and new publications! Send them to gilbrea@mcmaster.ca

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