

# 2011 McMaster University *Fall Symposium*



## 2011 Fall Symposium Planning Committee

**Dr. Christopher Patterson**, Fall Symposium Program Chair, McMaster University; Chief, Geriatric Services, Hamilton Health Sciences.

**Esther Coker**, Clinical Nurse Specialist, St. Peter's Hospital.

**Dr. Margaret Denton**, Director, Gilbrea Centre for Studies in Aging, McMaster University.

**Chris Due**, Administrative Assistant, Gilbrea Centre for Studies in Aging, McMaster University.

**Gail Elliot**, Assistant Director, Gilbrea Centre for Studies in Aging, McMaster University.

**Mary Guise**, Associate Dean, Continuing Education Health Sciences, Mohawk College.

**Tara Harvie**, SHRTN Information Specialist, St. Peter's Hospital Resource Centre.

**David Jewell**, Director, Regional Geriatric Program central.

**Barbara McCoy**, Psychogeriatric Resource Consultant, Alzheimer Society Hamilton Halton.

**Anne Pizzacalla**, HELP Clinical Nurse Specialist, Juravinski Hospital and Cancer Centre.

**Janice Sheehy**, Director of Services for Seniors, The Regional Municipality of Halton.

# Taboo Topics: *Time to Take Charge*

ADDRESSING DIFFICULT ISSUES IN LATER LIFE

**Wednesday, September 21st, 2011**

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**Hosted by:**

**The Gilbrea Centre for Studies in Aging, McMaster University** in partnership with the Regional Geriatric Program central; Division of Geriatric Medicine, Department of Medicine, Hamilton Health Sciences; Alzheimer Society of Hamilton and Halton; and Mohawk College.

# Taboo Topics: *Time to Take Charge*

8:45 am - 9:05 am : **Why Now?**

*Dr. Christopher Patterson*, MD, FRCPC, FACP, FRCP (Glasg.); **Fall Symposium Program Chair**; Professor, Division of Geriatric Medicine, McMaster University; Chief, Geriatric Services, Hamilton Health Sciences.

While Taboo Topics are often ignored in the practice setting, there are experts who have discovered effective methodologies that are aimed at addressing these important issues. The knowledge is available and it is time to take charge. This session will provide an introduction to discovery and "taking charge".

9:05 am - 9:45 am: **Mental Health Issues in Later Life:** Psychosis and Late Life Delusional Disorders

*Dr. Patricia Rosebush*, Professor, Department of Psychiatry & Behavioral Neurosciences, McMaster University.

This session will provide an overview of the nature and differential diagnoses of late-life psychosis (e.g.- psychotic depression, bipolar illness, schizophrenia, psychosis in the context of dementia, etc.). Treatment approaches will be discussed.

9:45 am - 10:25 am: **Psychotropics in Older Adults:** What's Best—What Benefits?

*Dr. David K. Conn*, MB, FRCPC, Vice-President of Education and Director of the Centre for Education & Knowledge Exchange, Baycrest; Professor, Department of Psychiatry, University of Toronto; Founding Co-Chair, Canadian Coalition for Senior's Mental Health.

This session will focus on the benefits versus the risks of utilizing psychotropic medications in older adults, including antipsychotics, antidepressants and benzodiazepines. Approaches which aim to optimize patterns of prescribing in LTC Homes will also be addressed.

10:25 am - 10:45 am: **BREAK**

10:45 am - 11:20 am: **End-of-Life Dementia Care:** The Time Has Come

*Dr. Michael Gordon*, Medical Program Director, Palliative Care, Baycrest Geriatric Health Care System; Professor of Medicine, University of Toronto.

With the growing numbers of individuals who will be living with dementia during the decades to come, it is time for health care professionals to help families recognize that dementia progresses to the point where the most important care is palliative in nature. Having conversations with loved ones and health care providers is essential to achieve quality end-of-life care for those whose disease has progressed to the point where comfort, dignity and care are the most important and appropriate goals to be achieved. Dr. Gordon's presentation will focus on the clinical and ethical issues associated with the end-of-life.

11:20 am - 12:15 pm: **Bad Decisions or Bad Decision-Makers?** When Families and Health Practitioners Disagree

*Mark Handelman*, BA, LLB, MHSc (Bioethics); Barrister and Solicitor, Toronto.

This session will look at end of life treatment disputes between substitute decision-makers and treatment teams, including:

- The case of Rasouli (Litigation guardian of) v. Sunnybrook Health Sciences Centre
- How to help Substitute Decision Makers (SDMs) make better treatment decisions;
- What to do when SDMs get it wrong; and
- Consent and Capacity Board Applications to resolve decision-making impasses.

12:15 pm - 1:15 pm: **LUNCH**

# Taboo Topics: *Time to Take Charge*

**1:15 pm - 1:45 pm: Sex, Truths, and Consequences:** The Legal and Social Aspects of Sexuality and Cognitive Capacity  
*Judith A. Wahl, BA, LLB, Executive Director, Advocacy Centre for the Elderly, Toronto.*

There are many myths about “sexuality and the law” as they relate to older adults who have been deemed mentally incapable. How do you handle a situation where the person appears to consent to sexual activity, but it is questionable whether the person has the capacity to understand and appreciate his/her actions? This session will present the facts, issues and myths and highlight relevant legislation related to sexuality and consent.

**1:45 pm - 2:15 pm: Sexual Expression and Physical Intimacy in the Dementia Context:** A Human Right  
*Dr. Lori Schindel Martin, RN, PhD, Associate Director – Scholarly, Research and Creative Activities Daphne Cockwell School of Nursing, Ryerson University.*

Sexual expression of cognitively impaired older adults in LTC homes is often labeled as inappropriate. An outcome of this viewpoint is that intimate relationships between residents with dementia are forbidden. This presentation will assist care providers to distinguish between those sexual behaviors that should be interpreted as normal and those that represent risk. Discussion will position sexual behavior as best understood as a human factor that is integral to the common goal of resident-centered care.

**2:15 pm - 2:40 pm: Creating “Inclusive” Environments in LTC for the LGBT Community**  
*Michael Saunders, Resident-Client Advocate, City of Toronto, Long-Term Care Homes and Services, Toronto.*

When the needs of the LGBT community are considered, can we clearly say that our “homes” are sensitive, inclusive and welcoming? This session will highlight the quality work that has been undertaken in creating LGBT and inclusive environments within the long-term care home sector. The resident client advocate Toolkit will be discussed.

**2:40 pm - 2:50 pm: Panel Dialogue**

Moderator: Dr. Christopher Patterson, Program Chair, McMaster Fall Symposium.

**2:50 pm - 3:05 pm: BREAK**

**3:05 pm - 3:50 pm: Taking Charge: Levering Technology to Links with Learning**

This session will showcase existing links to learning that currently provide a wealth of knowledge, including educational opportunities that are available at your finger tips.

*Cynthia Giles, Senior Program Manager, GMR/Canadian Dementia Knowledge Translation Network (CDRAKE), Capital Health/Dalhousie University, Halifax.*

*Patrick Shanahan, Regional Manager, Ontario Telemedicine Network (OTN) Communities of Practice.*

*Dr. Patricia Woo, MD, MSc, FRCP(C), Geriatric Clerkship Coordinator, Undergraduate MD Program, Vice Chair, Geriatric Education Committee, National Initiative for Care of the Elderly (NICE).*

*Faith Boutcher, RN, MSc, Director, Academic Education Centre for Education and Knowledge Exchange in Aging, Baycrest Geriatric Health Care System.*

# 2011 Fall Symposium Registration Form

Wednesday, September 21st, 2011

Prior to completing this form please refer to the statement on collection of personal information and protection of privacy policy at <http://www-fhs.mcmaster.ca/csu/FIPPASstatement.htm>

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**Registration Fees:** (Note: Includes lunch, refreshments, and program materials.)

**Early Bird** (Before August 26th) \$150.00 \$ \_\_\_\_\_

( ) **Senior** (over 65) ( ) **Full-time Student** \$ 80.00 \$ \_\_\_\_\_

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REGISTRATION FORM TO:

Gilbrea Centre for Studies in Aging

McMaster University

1280 Main Street West, KTH-226

Hamilton, Ontario L8S 4M4

**Phone:** (905) 525-9140 Ext. 24449

**Fax:** (905) 525-4198

**Email:** [gercntr@mcmaster.ca](mailto:gercntr@mcmaster.ca)

**Website:** [www.aging.mcmaster.ca](http://www.aging.mcmaster.ca)

\*A registration confirmation email will be sent to the email address provided above, within **10 business days**.

If you do not receive a confirmation email by the end of 10 business days, please inquire immediately.\*